

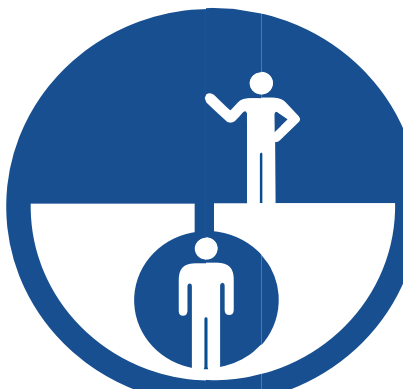
12 Life Saving Rules

12 Peraturan Penyelamat Nyawa



A member of UEM Group



P	- PERMIT (PTW)	Work with a valid permit (PTW) required by the job		Bekerja dengan permit kerja (PTW) yang sah jika diperlukan
O	- OVERRIDING	Obtain authorisation before overriding or disabling critical safety equipment		Dapatkan pengesahan sebelum mengatasi atau membatalkan fungsi peralatan keselamatan yang kritikal
L	- LIFT PLAN	Follow prescribed lift plan		Ikuti Pelan mengangkat yang ditetapkan
I	- ISOLATION	Verify isolation before starting work		Sahkan pengasingan tenaga sebelum memulakan kerja
C	- CONFINED SPACE	Obtain authorisation before entering a confined space		Dapatkan kebenaran sebelum memasuki ruang terkurung
E	- EXCAVATION	Obtain authorisation before starting excavation activities		Dapatkan kebenaran sebelum memulakan aktiviti penggalian
T	- TRAFFIC MANAGEMENT PLAN	Follow the Traffic Management Plan		Patuhi Pelan Pegurusan Trafik
H	- WORKING AT HEIGHT	Protect yourself against a fall when working at height		Lindungi diri daripada terjatuh semasa bekerja di tempat tinggi
E	- ENERGISED EQUIPMENT	Position yourself in a safe zone in relation to moving and energised equipment		Pastikan diri anda berada di zon selamat ketika berhampiran dengan peralatan yang beroperasi
J	- JOURNEY MANAGEMENT PLAN	Follow prescribed Journey Management Plan		Ikuti Pelan Pengurusan perjalanan yang ditetapkan
O	- DROPPED OBJECTS	Prevent dropped objects		Elakkan sebarang objek daripada terjatuh
B	- BELT	Wear your seatbelt and follow speed limit		Pasang tali pinggang keselamatan dan patuhi had laju

THINK SAFE. WORK SAFE. BE SAFE